



# *Sri Aurobindo Society*

CREATING THE NEXT FUTURE

HIGHLIGHTS OF EVENTS & ACTIVITIES 2018-2019



The world is preparing  
for a big change.

Will you help?



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SPIRITUAL SIGNIFICANCE  
OF THE FLOWER GINGER LILY IS  
SACHIDANANDA

'STRONG AND PURE, IT STANDS ERECT WITH ITS CREATIVE POWER'

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*Sri Aurobindo Society*  
Creating the Next Future



**Sri Aurobindo Society (SAS)** is an international, spiritual, cultural, not-for-profit NGO. SAS has been recognized by the Government of India as a Charitable Organization, a Research Institute and an Institution of Importance throughout India.

With its head office in Puducherry and over 300 branches and centres across India and the world, SAS invites participation from all those who want to work together for a better tomorrow, with no distinction of nationality, religion, caste or gender.

SAS organises programmes and initiatives that seek to bring dynamic Spirituality into material life and all its activities. With multidimensional focus on Action Research, SAS is setting up models, centres of excellence and training institutes that are Sustainable, Scalable and Replicable.

### **SAS brings deeper values and excellence in**

- ◆ Education
- ◆ Rural Development
- ◆ Health
- ◆ Indian Culture
- ◆ Palliative Care
- ◆ Children with Special Needs
- ◆ Sustainable Development
- ◆ Women & Youth
- ◆ Leadership & Management
- ◆ Prison Reformation
- ◆ Media, Arts & Communication
- ◆ Publications & Audiovisuals
- ◆ Social & Economic Development



ALL OUR EARTH  
STARTS FROM MUD  
AND ENDS IN SKY.

~ SRI AUROBINDO

**Sharanam**

Training Centre for Sustainable Transformation  
Sri Aurobindo Society, Puducherry

*A new consciousness  
A new society  
A new world*

# THE JOURNEY 2018-19

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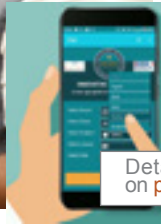


# ACTIVITIES & HIGHLIGHTS

## INNOVATIVE PATHSHAALA



On July 26, 2019, Shri Ramesh Pokhriyal, Hon'ble Minister MHRD, Government of India, with Smt. Satbir Bedi, Chairman NCTE, launched a new teaching resource called Innovative Pathshaala developed by Sri Aurobindo Society. The aim is to make teaching-learning joyful and relevant, and improve students' learning outcomes. Currently, there are 75,000 users of this android app that is available for free on Google App Store.



Details on page 14

## SARVAM – DIGITAL SAKHI PROGRAMME

Hon'ble Governor of Tamil Nadu, Shri. Banwarilal Purohit, inaugurated Digital Sakhi, a programme undertaken collaboratively by L & T Financial Services and SARVAM, the Rural Development initiative of the Society. It will be implemented in 30 villages. The aim of this programme is to provide the participants financial awareness, digital financial literacy, savings and safe digital money transactions along with deeper values.



Details on page 23

## PARTNERSHIP WITH SANSKRITI UNIVERSITY



SAFIC partners with Sanskriti University, Mathura, for designing a curriculum for B.A. programme and certificate courses on various aspects of Indian Culture. SAFIC has been engaged in various activities related to curriculum development, course design and preparation of learning materials on Sanskrit and Indian culture.

Details on page 35

## KARUNA – INTERNATIONAL CONFERENCE OF COMPASSIONATE YOUTH

SANJEEVAN Palliative Home Care Programme organised its first international conference for the youth involved in compassionate care and related activities. This conference brought together nearly 175 young people aged 30 and below in the fields of palliative care and welfare of the differently abled, elderly and mentally ill. The support given by the volunteers is the backbone of Sanjeevan.



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## PARTNERSHIP WITH ISRAEL-EDTECH



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In June 2019, SAS and Edtech Israel established a partnership to foster synergies between Israeli and Indian education startups, during the Global Education Summit held in Tel Aviv, Israel. The objective of this partnership is to connect our young education entrepreneurs with Israel's innovative talent, content, methodologies and technologies.

## AGRO-HOMEOPATHY FOR SUSTAINABLE AGRICULTURE

AHAR - Agro Homeopathy for Sustainable Agriculture is one of the research projects of Sri Aurobindo Society where chemical fertilizers and pesticides are replaced by homeopathic medicines to bring in nutritional and therapeutic values. Supported by NABARD and TATA Trust, the project is being implemented in Matrikunj, the organic farm of the Society located on the borders of Puducherry.



Details on page 40

## SHUNYA SE SASHAKTIKARAN CONFERENCE



A 5-day National Conference was organised at IIT Delhi, and attended by 1,100 members of education fraternity. The participants came from 18 different states and included education secretaries. More than 600 government school teachers and education officers were facilitated for their contribution to Indian education.

Details on page 10

## AURA JOURNEYS - CERTIFICATE OF EXCELLENCE

Aura Journeys has received the “Certificate of Excellence - 2017-18” award from a hospitality service provider - French Town 360. This award was conferred based on Google and social media reviews.



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## NATIONAL HOMEOPATHY CONFERENCE



On December 1 and 2, 2018, Sri Aurobindo Centre for Homeopathy, Puducherry, in association with Karnataka Qualified Homoeopathic Doctors' Association (KQHDA) and Research Society of Homoeopathy (RSH), organised National Homeopathy Conference 2018 at the Society House, Puducherry.

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# INDIA - OUR MOTHER

जननी जन्मभूमिश्च स्वर्गादपि गरीयसी ॥

*The mother and the motherland are greater than heaven itself.*

Sri Aurobindo Society has started a journey towards a historic milestone - 15th August 2022, which marks two significant events;

- ◆ the 75th Anniversary of India's Independence,
- ◆ the 150th Birth Anniversary of Sri Aurobindo, one of the principal architects of India's freedom movement and a spiritual visionary of human evolution.

**India - Our Mother** is a nation-wide programme to facilitate India's journey to becoming a country which is driven by human values of truth, compassion, harmony, beauty and courage. The programme aims to usher in a progressive climate which is thriving in prosperity and excellence in all dimensions – economy, knowledge, skills, technology, art, culture and health.

**Our vision**—India awakening to her true role in the world based on her spiritual foundation, where all Indians and all those who love India can work together for a united dream.

**Our work**—a range of activities and programmes across different domains to uplift India materially, intellectually, culturally and spiritually.

One of its upcoming programmes is **Compassionate India**.

**Compassionate India** is based on a firm faith in the innate goodness and urge to help, in each individual. It aims to run solely on the strong conviction that small thoughts and acts of compassion can collectively resolve major issues of individuals and the society and thus create an atmosphere of sustained happiness.

It essentially provides a platform to nurture the spirit of compassion of individuals and organizations. Initiatives undertaken appeal to human values where inspired volunteers pledge their time, effort and resources to help fellow individuals. The sustainability of the programme lies in mobilizing and ensuring commitment of a large number of volunteers and the non-dependence on financial support.



Sri Aurobindo, one of the principal architects of India's Independence





## SVARNIM PUDUCHERRY



*Svarnim* Puducherry or Golden Pondicherry is an initiative to build Puducherry as a Model State, carrying the spirit and consciousness of true

India in its foundation. In concept,

design and implementation of each of its components, *Svarnim* Puducherry, aims to express a pursuit for perfection, beauty, unity and creativity, and a realization of the highest of all human values.

*Svarnim* Puducherry strives to create Centres of Excellence in the fields of Education, Research, Healthcare, Wellness, Rural Development, Livelihood, Skill Development, Entrepreneurship, Science and Technology, Sustainable Development, Sustainable Agriculture, Environment, Youth and Women empowerment, Child Development, Inclusion, Sports, Leadership, Governance and Administration.

Following are the major dimensions of *Svarnim* Puducherry

- ◆ Sustainable Economic Growth
- ◆ Social Transformation
- ◆ Cultural Integration
- ◆ Spirituality in Life

*Svarnim* Puducherry is a collaborative effort involving individuals, organizations, state government, central government, NGOs, corporate and institutes who harbour similar vision about the state and about India. We invite participation in any form and in any field, from individuals as well as organizations and groups to make it a truly inclusive endeavour.

Although most of the programmes will bring in innovative ideas into change-making actions, they also enhance and align to the efforts made by the Government and CSR projects to achieve the UN Sustainable Development Goals and the NITI Ayog paradigms.





# EDUCATION

Education for a New Future

True Education is Integral development of the child—Physically, a strong, healthy, beautiful body; Emotionally, a sensitive, refined and energetic personality; Mentally, a wide, lively, clear intelligence and will; Spiritually, those deeper and subtler qualities that unify and harmonize the whole being through freedom and joy.

<http://aurosociety.org/Integral-Education>



# TRANSFORMING EDUCATION

Launched in 2015, **Rupantar** has reached out to 1.5 million teachers in 22 states & UTs.

Through this, the grass-root innovations of teachers from even the remote rural areas is now being replicated in over 710,000 government schools of India.

**RUPANTAR** IS ONE OF THE WORLD'S LARGEST PROGRAMMES FOR IMPROVEMENT IN EDUCATION BY CREATING AN ECOSYSTEM OF EDUCATION STAKEHOLDERS, WORKING TO EMPOWER TEACHERS.

[www.rupantar.in](http://www.rupantar.in)



## ZIIEI NATIONAL CONFERENCE

*Shunya Se Sashaktikaran* (Empowerment from Zero)

March 10-14, 2019, New Delhi — Zero Investment Innovations for Education Initiatives (ZIIEI) is part of the Rupantar programme, enabling widespread implementation of innovations by teachers in their regular classrooms in government schools. The National Conference celebrated their

efforts and excellence that inspired transformation in education across the country. Eminent speakers from the fields of philanthropy, education, media and corporate, emphasised the need to make innovation more accessible, actionable and scalable in government schools in India.

ZIIEI National Conference covered



22

STATES & UTS

Where they reached out to

1.5 million teachers



INCLUDING

1,500 members of the education fraternity



## Zero Investment Innovations for Education Initiatives

ZIIEI awarded

600

teachers & education officers



IN JAMMU & KASHMIR

30,000

teachers are being trained by ZIIEI



“THE MOTIVATIONAL LEVEL IN A STUDENT IS A REFLECTION OF HIS/HER TEACHER.”

- JS RAJPUT, FORMER DIRECTOR, NCERT & MEMBER UNESCO EXECUTIVE BOARD



## Israel Education Summit: Partnership with EdTech Israel

At the Global Education Summit held in Tel Aviv in June 2019, Sri Aurobindo Society signed an MoU with EdTech Israel to foster synergies between Israeli and Indian Education Startups. Israel has established its reputation as a global hub for innovation, and this new partnership will give boost to the most recent initiative of Rupantar - Edupreneur Village, which is one of India's first incubation programme focussed on education technology start-ups.

## RESPONSE TO RUPANTAR



"I AM GLAD TO KNOW THAT SRI AUROBINDO SOCIETY'S ZERO INVESTMENT INNOVATIONS FOR EDUCATION INITIATIVES (ZIIIEI) IS PROVIDING TEACHERS THE CONFIDENCE AND MOTIVATION TO EXPERIMENT WITH NEW IDEAS."

**SHRI. VENKAIAH NAIDU**  
HON'BLE VICE PRESIDENT OF INDIA

"IT IS HEARTENING TO NOTE THAT SRI AUROBINDO SOCIETY IS BRINGING ABOUT MUCH NEEDED TRANSFORMATION IN THE GOVERNMENT SCHOOLS BY IDENTIFYING AND PROMOTING THE EXISTING BEST PRACTICES IN EDUCATION ."

**SHRI. RAJNATH SINGH**  
HON'BLE MINISTER,  
MINISTRY OF DEFENCE



**SHRI. PIYUSH PRAKASH GOYAL**  
HON'BLE MINISTER,  
MINISTRY OF RAILWAYS,  
MINISTRY OF COMMERCE AND INDUSTRY

"I FEEL HAPPY TO LAUNCH INDIA'S 1ST EXPERIENTIAL LEARNING APP FOR TEACHERS - INNOVATIVE PATHSHAALA, BY SRI AUROBINDO SOCIETY - [HTTPS://BIT.LY/2YZ1GKC](https://bit.ly/2YZ1GKC). TEACHERS CAN CREATE JOYFUL CLASSROOMS USING ZERO INVESTMENT IDEAS OF GOVT SCHOOL TEACHERS."

**SHRI. RAMESH POKHRIYAL**  
HON'BLE MINISTER,  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT (ON OFFICIAL TWITTER)





"I HOPE THE CHOSEN INNOVATORS WOULD GO ON TO INSPIRE THE TEACHERS WHO HAVE BEEN INNOVATIVELY TEACHING JUST A SINGLE SCHOOL TILL NOW"

**SHRI. PRAKASH JVADEKAR**  
HON'BLE MINISTER,  
MINISTRY OF ENVIRONMENT, FOREST AND CLIMATE CHANGE,  
MINISTRY OF INFORMATION AND BROADCASTING

"YOU ARE NOT ONLY DOING SOCIAL WORK, BUT CONSTRUCTING THE FUTURE OF INDIA."

**DR. KIRAN BEDI**  
HON'BLE GOVERNOR OF PUDUCHERRY



"I AM PLEASED TO KNOW THAT SRI AUROBINDO SOCIETY THROUGH ITS ZERO INVESTMENT INNOVATIONS FOR EDUCATION INITIATIVES (ZIEI) IS HELPING GOVERNMENT TEACHERS TO ENHANCE THEIR TEACHING SKILLS AND WORK TOWARDS HOLISTIC DEVELOPMENT OF CHILDREN."

**SHRI. OM PRAKASH KOHLI**  
HON'BLE FORMER GOVERNOR OF GUJARAT

"THIS KIND OF EDUCATION IS WHAT CAN PREPARE OUR YOUTH TO CONTRIBUTE TO OUR NATION BUILDING MEANINGFULLY. THE ENTHUSIASM OF THE TEACHERS TO COME FORWARD WITH THEIR OWN IDEAS IS REMARKABLE."

**SHRI. V. P. SINGH BADNORE**  
HON'BLE GOVERNOR OF PUNJAB AND ADMINISTRATOR UT, CHANDIGARH



"I AM VERY PLEASED TO KNOW THAT SRI AUROBINDO SOCIETY'S ZERO INVESTMENT INNOVATIONS FOR EDUCATION INITIATIVES (ZIEI) ARE MAKING TEACHERS AND SCHOOLS SELF-RELIANT IN IMPROVING THE LEARNING OUTCOMES OF STUDENTS AND AT THE SAME TIME SETTING UP A MILESTONE FOR EDUCATION REVOLUTION IN THE COUNTRY."

**SHRI. GANGA PRASAD**  
HON'BLE FORMER GOVERNOR OF MEGHALAYA

# INNOVATIVE PATHSHAALA

One of the world's first experiential-learning curriculum based on teacher's ideas

Every chapter of the State Boards & NCERT syllabi has been re-designed using zero-investment innovations by teachers, making learning relevant for students and improving learning outcomes.



"THE READY-MADE INNOVATIVE TEACHING CONTENT IN INNOVATIVE PATHSHAALA APP HELPS ME ON DAY-TO-DAY BASIS TO CREATE AN ENGAGING ENVIRONMENT IN MY CLASSROOM."

F. FLORENCIA, GOVERNMENT HIGH SCHOOL, SOKKANATHANPET, PONDICHERRY.



In Uttar Pradesh



9000 teachers  
trained in experiential methods

which resulted in

2,300 schools  
improving learning outcomes



70,000+  
users are accessing lesson  
plans on MOBILE APPS

## PROJECT INCLUSION

Project Inclusion educates and empowers school teachers on 'hidden' disabilities in students, and trains them to identify such children in classrooms. Special educators help teachers, parents and siblings of these children to practice the techniques to support the child's learning. In 2018-19, more than 10,000 teachers were oriented across 8 states.

"...WHAT MATTERS IS THAT CHILDREN WITH HDD HAVE BEEN IDENTIFIED AND THEIR BEHAVIOURAL AND MENTAL CONDITIONS HAVE IMPROVED,"

VIBHA PANDAY, TEACHER,  
GOVERNMENT PRIMARY SCHOOL, GHAZIABAD, UP.



10,000 TEACHERS  
in 8 states  
are trained to identify and support students with learning disabilities

Teachers with their student

Teachers noticed that in spite of a neurodevelopmental disorder, their student showcases exemplary skill far exceeding his age in technology.

Chandigarh





# EDUCATION IN JAMMU & KASHMIR

SRI AUROBINDO SOCIETY HAS ALSO REACHED OUT TO TERROR-AFFECTED DISTRICTS OF JAMMU & KASHMIR, TO WORK WITH TEACHERS & SCHOOLS FOR BETTER EDUCATION.

<https://www.gramonnati.org/programs/vidya-jyoti-program/>



## Vidya Jyoti

An initiative of Sri Aurobindo Society, in association with the Gramonnati Trust, to bring quality education to the districts of Jammu & Kashmir. The objectives of the programme are;

- ◆ to bring latest digital technologies and learning platforms to the remotest schools
- ◆ to bring innovations in learning and teaching through
- ◆ teacher-enablement programmes
- ◆ life skills and Joy-of-Learning programmes for students
- ◆ schools to impart social impact activities

## ZIIEI in Jammu and Kashmir

- ◆ ZIIEI was launched in Jammu and Kashmir in March 2018.
- ◆ around 30,400 government school teachers have been oriented towards Zero Investment Innovations in J&K.
- ◆ 15,000 teachers of J&K have submitted their innovative ideas.
- ◆ over 15,400 teachers have adopted ZIIEI ideas in their classrooms



## Jammu & Kashmir Sarpanches

in collaboration with Gramonnati a training workshop on Rural Innovation and Entrepreneurship at Sri Aurobindo Society.

### VIDYA JYOTI launched in

3

**schools in Rajouri and Poonch border districts**

### PARTICIPATION FROM



**395** students of **Kendriya Vidhalaya, BSF, Rajouri**

**365** students of **Model Academy, Sagra**

**230** students of **Tender Feet School, Keri**



Sri Aurobindo Society

SAFIER

SRI AUROBINDO FOUNDATION FOR  
INTEGRAL EDUCATION AND RESEARCH

# INTEGRAL DEVELOPMENT

SAFIER STRIVES FOR AN INTEGRAL EDUCATION WHICH FOSTERS IN EACH CHILD THE ATTRIBUTES AND VALUES OF A RESPONSIBLE, CAPABLE, ACTIVE AND GIVING MEMBER OF THE FAMILY, THE SOCIETY, THE NATION AND HUMANITY.

SAFIER's focus is on child-centred education through

- ◆ **training programmes** and workshops for educationists, principals, teachers, students, parents
- ◆ **research, development and dissemination** of resource materials on various aspects of education
- ◆ helping educational institutes to **improve the quality of education** with an integral education-based curriculum
- ◆ an extensive programme on **creativity** to explore the refined expressions of performing arts and crafts

### All India Children's Camp 2018, Puducherry

SAFIER conducted this camp in a playful environment with the main objective of identifying the inner potential of the children.



## COLLABORATION WITH FOREIGN UNIVERSITIES

SAS conducted notable programmes with Universities of Oregon and Iowa, USA. In December, 2018 a group of 11 students and faculties from the University of Oregon, USA,

were hosted by SAS on their 'Study Abroad' tour of Puducherry. They were exposed to variety of Society's activities and its approach to work.





SAFIER trained

1,000 

individuals in Integral Education

which INCLUDES:

-  550 educationists, 240 students
-  250 young change makers & 60 parents

ON TOPICS of

Parenting, Discovering Our Genius, Educational System, Principles and Practices of Integral Education



### Aspects of Integral Education

Through activities and discussions, more than 25 teachers of *Neevam - The School* explored various aspects of Integral Education. Amravati



### Working for a Change

Attended by more than 250 young change makers, committed to nation building through education. New Delhi



### Art, Craft & Performing Arts

Various programmes on Arts & Craft in Integral Education were conducted to improve learning through creativity and performing arts. Puducherry





## OUR RESPONSIBILITY TO CHILDREN

Our Responsibility to Children is a unique positive mental health initiative developed in collaboration with Kerala Police. It was launched in 15 Government schools of Puducherry with the support of the Directorate of School Education, Puducherry. The programme aims to nurture in children, creative and critical thinking. The children are prepared to face any challenges in the fast-changing social and cultural scenarios, to be compassionate to others and to nurture a positive value system.

This programme helped children develop their emotional, behavioural and intellectual capabilities. At the end of the programme, we could notice that children have improved on their communication, leadership and mentoring qualities. This will help achieve their goals in life.

### Open Academic Research (OAR) Workshop

The OAR workshop is for a set of young researchers who believe in creative thinking and curiosity-driven minds. This programme was targeted at high school and undergraduate students to help them think critically and independently. The final selection of 12 students was based on the quality and originality of the research problems.





## STUDENT-POLICE CADET

The Student-Police Cadet (SPC) Project is a school-based initiative that trains high school students to evolve as future leaders of a democratic society by inculcating within them values, discipline, civic sense, empathy for vulnerable sections of society and resistance to social evils. Sri Aurobindo Society partnered with the Kerala

Police to take this initiative of SPC throughout India.

The SPC Annual Summit 2018, organised at the Special Armed Police Camp, Thiruvananthapuram, was attended by 600 selected SPCs and 200 Community Police Officers.



# REDEFINING HIGHER EDUCATION

## Realizing the Full Potential

AUROPATH, A UNIT OF AUROSERVICE, WORKS IN CLOSE COLLABORATION WITH SRI AUROBINDO SOCIETY TO HELP COLLEGES, UNIVERSITIES AND CENTRES OF HIGHER EDUCATION TO IMPROVE THEIR WORKING AND PERFORMANCE AT EVERY LEVEL AND IN EVERY FIELD.

<https://aurosociety.org/society/index/AUROPATH>



AUROPATH assists higher education institutions in the accreditation and recognition of National Assessment and Accreditation Council (NAAC) and National Board of Accreditation (NBA). Some of its programmes include

- ◆ Faculty development
- ◆ Curriculum development
- ◆ Teaching, learning and evaluation
- ◆ Research, consultancy and extension
- ◆ Infrastructure and learning resources
- ◆ Student support and progression
- ◆ Governance, leadership and management
- ◆ Innovation and best practices
- ◆ Institutional social responsibility
- ◆ Innovative technology development
- ◆ Values education and citizenship building



**WORKSHOP ON PROGRAMMING LANGUAGE for**  
**35** postgraduate and doctorate scholars in  
**Bilaspur, 75** students in Jagdalpur including  
**10** scientists from Agriculture Department &  
**60** students of Maharaja Agrasen  
**International College, Raipur**



**50** participants attended the **YOGA CAMP at Khairagarh, Chhattisgarh.**





### Enriching Quality in Higher Education

Workshop conducted on Quality Management system in Higher Education paradigm with 30 faculties of Kavikulaguru Kalidas Sanskrit University, Ramtek, Maharashtra.



### National workshop on Data Analytics using R Language

The specific objectives were to get familiar with R programming language, statistically analyse research data using R programming and explore how to represent data using basic graphs in R.

## Research & Development

Auropath helps create an ecosystem within the institution to promote research culture among the faculty members, students and stakeholders.

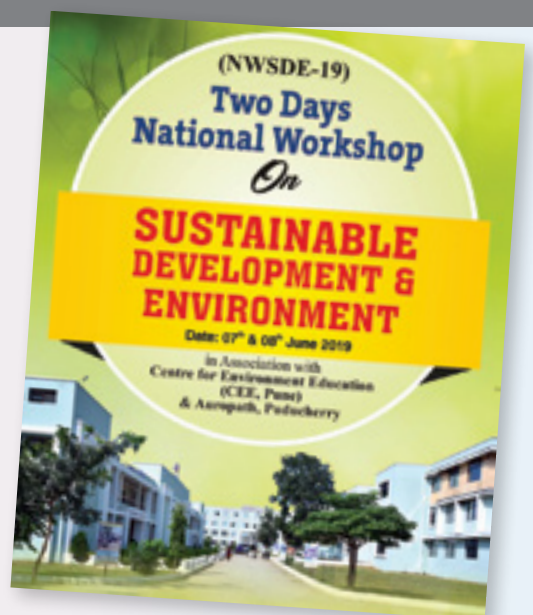
The activities include:

- ◆ Creating awareness on research
- ◆ Enriching research facilities
- ◆ Research publication & rewards
- ◆ Research consultancy
- ◆ Research project consultancy

## CLIMATE CHANGE AND SUSTAINABILITY

Auropath and CEE (Centre of Environment Education) collaborated for activities in the areas of Environment, Climate Change and Sustainability for Higher Education Institutions.

Auropath is working with Dr. V.V. Raman University to help develop its institutional mechanism to integrate sustainability initiatives in their systems.





# RURAL DEVELOPMENT

The Power to Dream, the Will to Realize



*Sri Aurobindo Society*  
**SARVAM**

SRI AUROBINDO RURAL AND  
VILLAGE ACTION AND MOVEMENT

In India, nearly 700 million people live in about 650,000 villages, in extremely difficult and challenging circumstances—mostly below the poverty line, with little access to pure drinking water, electricity, roads and housing, and with caste, religion and gender playing highly divisive roles.

**SARVAM** WORKS FOR A PROGRESSIVE, EMPOWERED VILLAGE COMMUNITY, WHICH TAKES RESPONSIBILITY FOR BRINGING ABOUT A CHANGE IN THEIR LIVES, AND THUS BECOMING A DYNAMIC PART OF THE NATION'S EVOLUTION AND GROWTH. THE APPROACH IS INTEGRAL AND INCLUSIVE, TOUCHING EVERY PERSON AND EVERY ASPECT OF VILLAGE LIFE.

<http://aurosociety.org/society/index/Rural-Development>



# RURAL DEVELOPMENT PROGRAMME

SARVAM, the rural development programme, works for:

- ◆ Sustainable and inclusive **growth of rural India** through a synergic, multipronged strategy
- ◆ **Research** of innovative and productive ideas to develop an educated, and financially secure rural India
- ◆ Providing **social safety net**, livelihoods opportunities and infrastructure for growth to reach out to most disadvantaged sections of the country
- ◆ Development in the areas of education, health, enablement of youth, empowerment of women and vulnerable segments of the rural society, livelihood generation, housing, sanitation and allied sectors
- ◆ An **International Centre for Rural Development and Training** based on a holistic approach, which will reach out to other villages, NGOs and government agencies

## ACCOMPLISHMENTS

### Women Empowerment & Livelihood



SARVAM & LTFS Digital Sakhi Programme



**500** members received group loans

which led to **5** New Start-ups

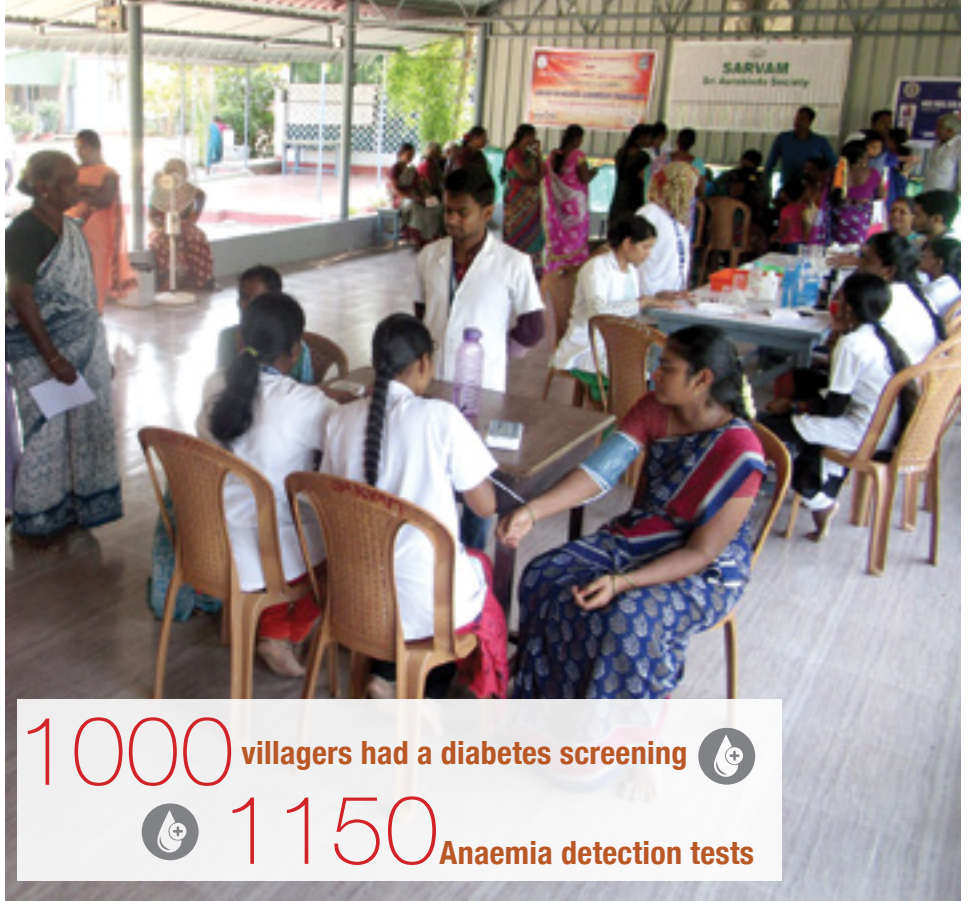


Financial literacy programme  
Coordinators oriented for the Financial Literacy Programme



## Health and Hygiene

- ◆ SARVAM with Ashoka Innovators for the Public started a comprehensive 'Nourishing Schools' project in 18 villages addressing malnutrition in school children
- ◆ SARVAM is managing in collaboration with District Rural Development Agencies (DRDA), Government of Tamil Nadu, and HDFC Bank
- ◆ SARVAM organises general health awareness programmes regularly in all the villages
- ◆ SARVAM conducts specialized medical camps for breast and cervical cancer detection, diabetic awareness and eye camps regularly



## Vulnerable and Marginalised

SARVAM coordinators organised

- ◆ special events for regional festivals like Pongal and Diwali
- ◆ awareness programmes on the need to be supportive to each other without discrimination of caste, race, language, religion and status
- ◆ more than 15 health camps which included camps for eyes, heart, ears, diabetes, orthopaedic and geriatric care
- ◆ income generation activities for vulnerable people to help in their financial stability



# RURAL EDUCATION



More than  
**1000** children  
attended CHILDRENS' CORNER  
evenings classes

**PROVIDING** proficiency-based  
skill activities

leading to  
cultural &  
holistic learning



**SARVAM** is conducting  
computer hardware and  
software training for

**500** villagers



**INCLUDING**

**105** women &

**170** youth



In the first phase of the **Adult Literacy Programme (ALP)**, women and youth were taught MS Office, Tally and DTP. With the completion of the third batch, training was successfully imparted to 400 villagers.

**Scholarship Assistance for economically-backward Children:** Children (especially daughters) of widows, destitute and single parents were primarily selected for financial aid. Around 20 students were provided scholarships in 2018–19.



## English Access Microscholarship Program

The third batch comprising of 110 aspiring students were trained this year for the English Access Microscholarship Program, sponsored by US Embassy (under the aegis of its Regional English Language Office [RELO]).

IIIrd  
Batch

110

students



English Access Microscholarship Program  
financed by the US Embassy



## WATER TRAIL-WORLD WATER DAY 2019

Various organizations met at Lake Oussudu on March 22, 2019, for the World Water Day. They were given information about Lake Oussudu, its feeder canals and its biodiversity. They were also explained how Lake Oussudu serves as a major water source for Puducherry. Observations were also made the lack of adequate palm trees and how concrete construction is taking away the natural beauty of the Lake.





# PALLIATIVE CARE

Caring for the Old and Terminally ill



*Sri Aurobindo Society*

## SANJEEVAN

AN INTEGRAL APPROACH TO END-OF-LIFE CARE

Palliative care is the care and treatment of the symptoms, discomfort and stress of old age and life-threatening illnesses. In India it is estimated that the total number of people who need palliative care is likely to be 5.4 million people a year, but unfortunately there is neither enough support nor enough facilities.

**SANJEEVAN** IS A NEW MODEL OF COMPREHENSIVE COMMUNITY-BASED HOME CARE FOR THE INCURABLY AND TERMINALLY ILL, CHRONICALLY BEDRIDDEN AND ELDERLY, BY TAKING CARE OF THEIR PHYSICAL, PSYCHOLOGICAL, SOCIAL, EMOTIONAL AND SPIRITUAL NEEDS.

<http://aurosociety.org/Palliative-Care>

SANJEEVAN work involves sensitisation of the community and providing training in Palliative Care to all those interested; training doctors, nurses and health care workers at the primary-care level; linking up with existing medical institutions, establishing home care programmes to care for patients at home.

## Capacity Building

Working to equip various sections of the society to care for the elderly, chronically-bedridden and terminally ill patients.

- ◆ Sensitisation of policymakers, community leaders, civil society organisations, general public
- ◆ Training programmes in Palliative Care for all sections of the society
- ◆ Training programmes for health care workers/health care professionals

This has led to the development of a compassionate community with confidence to address end-of-life care issues

## Outpatient Centres

SANJEEVAN facilitates daycare centres run by practitioners of both allopathy and alternate systems/practitioners of yoga/artists/trainers to treat patients at their outpatient centres.

## Trainings



SANJEEVAN offered a **Foundation Course for the doctors**, trainee doctors and faculty of Indira Gandhi Government General Hospital and Post Graduate Institute, Puducherry.



SANJEEVAN organised a **Foundation Course for Nurses** at Government Hospital, Puducherry, for patient care through improved palliative nursing knowledge and skills.

SANJEEVAN trained

**135** DOCTORS

in **PALLIATIVE CARE**  
Foundation Course

**650**

**ANGANWADI WORKERS**

in **75** villages



### Community Newsletter

*Puthiya Payanam* meaning New Journey is a monthly community newsletter in Tamil.

### Liaising with Government & Ministers

Shri. K. Lakshminarayanan, Parliamentary Secretary to Chief Minister is presented the book 'Foundation Course in Palliative Medicine.'



### Home Care Units

Specially-trained Palliative Home Care Volunteers take active participation in the home care of the patients



### Community Sensitisation

Sensitisation of the society and community is as important as treatment and welfare of the patients in Palliative Care!



## KARUNA – An International Conference of Compassionate Youth



On 25 and 26 January, 2019, SANJEEVAN, in collaboration with Sri Manakula Vinayagar Medical College & Hospital, Puducherry, organised its first International Conference for young people involved in compassionate care. This conference brought together experiences, activities and aspirations of nearly 175 young people aged below 30 in the fields of palliative care, care of the differently abled, care of the elderly and care of the mentally ill.



### Fellowship in Palliative Care

Fellowship in Palliative Care is a six-month international training programme jointly organised by SANJEEVAN along with the Institute of Palliative Medicine (IPM), St. Christopher's Hospice, UK and Bangabandhu Sheikh Mujib Medical University, Bangladesh. More than 40 candidates from 10 countries participated in this programme.







# INDIAN CULTURE

Spirituality Is the Essence

*Sri Aurobindo Society*

**SAFIC**

SRI AUROBINDO FOUNDATION  
FOR INDIAN CULTURE

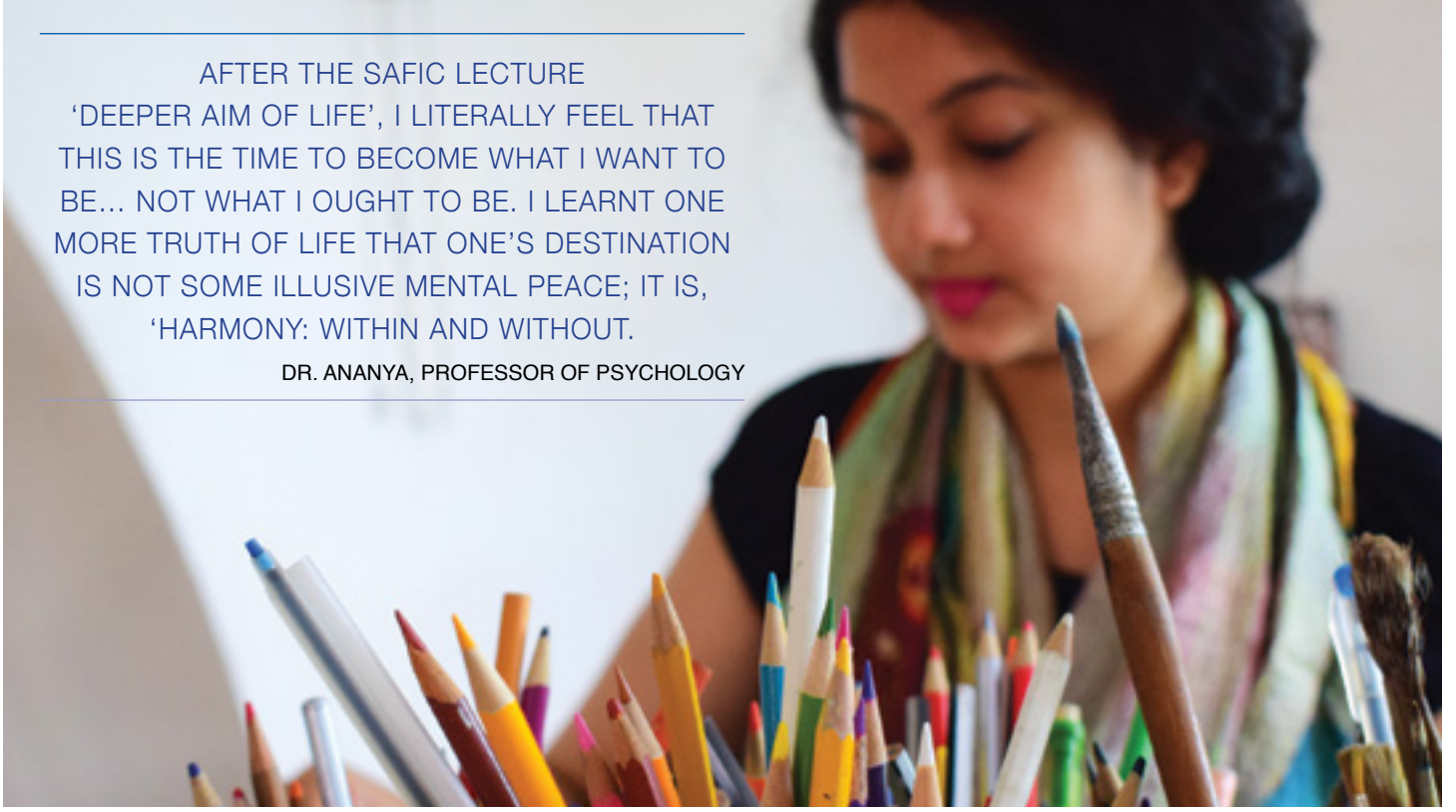
Indian Culture has made a unique and unparalleled contribution in every field of human activity—religion, philosophy, science & technology, architecture, music, dance, arts, trade and commerce. Its basis has been Spirituality, along with a powerful rational, ethical and aesthetic mind, combined with a prolific creativity.

**SAFIC** STRIVES TO REDISCOVER THESE TRUTHS AND THEIR APPLICATION IN MODERN LIFE AND TIMES. IT TRIES TO EVOKE AMONG THE YOUTH A GREAT LOVE FOR INDIA, A PRIDE IN THEIR HERITAGE AND AN ASPIRATION AND WILL TO CREATE AN EVEN GREATER FUTURE.

<http://aurosociety.org/Indian-Culture>

AFTER THE SAFIC LECTURE  
 'DEEPER AIM OF LIFE', I LITERALLY FEEL THAT  
 THIS IS THE TIME TO BECOME WHAT I WANT TO  
 BE... NOT WHAT I OUGHT TO BE. I LEARNT ONE  
 MORE TRUTH OF LIFE THAT ONE'S DESTINATION  
 IS NOT SOME ILLUSIVE MENTAL PEACE; IT IS,  
 'HARMONY: WITHIN AND WITHOUT.

DR. ANANYA, PROFESSOR OF PSYCHOLOGY



## ON-GOING RESEARCH PROJECTS

- ◆ The **Sanskrita Balasahitya Parishad** is a unique component of SAFIC's 'Sanskrit for Children' project. The work of the Parishad focuses on all possible activities related to creation, evaluation, preservation and propagation of qualitative children's literature in Sanskrit.
- ◆ The **Healing Power of Chandas** is a project aimed at rediscovering the traditional knowledge pertaining to the healing benefits of Sanskrit meters.
- ◆ **Radio Divyavani**, the first 24-hour Sanskrit radio channel, is webcasting interesting programmes in Sanskrit to international audience.
- ◆ **Digital Self-learning Platform** (Desktop and Mobile App Versions) on Indian Scriptures: Three websites on the Srimad Bhagavad Gita, the Vedas, the Upanishads are now available both as desktop and mobile applications.
- ◆ **Sanskrit and Speech Pathology**, related to the therapeutic value of Sanskrit in speech defects, is an ambitious, scientific and comprehensive project undertaking in-depth research and analysis across several years.
- ◆ **Ujjeevanam: Art and Science of Conscious Living:** Research-based content for undergraduate/postgraduate course on Conscious Living.
- ◆ **Mother's Glow – An Initiative on Prenatal Education:** Prenatal education from Ancient Indian teachings, several successful indigenous practices from various parts of the world as well as the works of the Mother and Sri Aurobindo.

### Bal Sahitya Award 2018 for Sanskrit poem book for children



Dr. Sampadananda Mishra, Director, SAFIC, was conferred the **Bal Sahitya Award 2018** by Kendra Sahitya Akademi, New Delhi, for 'Shanaih Shanaih', a beautifully illustrated book of Sanskrit poems authored by him for children.

# ACCOMPLISHMENTS

Participants of the *Sanskrit for Children* programme were given certificates and honoured. This programme attracted many children to learn Sanskrit.



**Sanskrit Balaparivara Yojana**  
Teaching Sanskrit to children, age-appropriate curriculum development. Puducherry

SAFIC with Samskrita Balasahitya Parishad published



6



children BOOKS

which includes

12,500



new students learning Sanskrit as part of their curriculum.



**Children's Literature in Sanskrit**  
National Seminar organised by the Samskrita Balasahitya Parishad, an initiative of SAFIC Kanchipuram

## Yogasana & Pranayama

Regular classes to provide both spiritual and physical health benefits, conducted by a certified yoga teacher Puducherry

30 people of all ages & physical conditions regularly attend the yoga classes



A total of **280** young girls, women, and expectant mothers were educated on menstrual hygiene, prenatal health and birthing.



**Menstrual Health & Hygiene**  
Awareness for schoolgirls  
Cuddalore & Puducherry



**Prenatal Education**  
Workshops for experienced gynaecologists, counsellors, expectant mothers, educationists and working women on prenatal education  
Indore & Lucknow



**1625** people from all walks of life attended **three** SAFIC exhibitions -

- ◆ Scientific Heritage of India,
- ◆ Bharata Shakti
- ◆ Nari Shakti – Woman an Indomitable Spirit  
Puducherry

## Upholding Sanskrit & Other Indian Languages



The teachings covered in various workshops and talks on topics such as

- ◆ India and Her Languages
- ◆ Logic & Magic of Sanskrit
- ◆ Digital Literacy Programme for Sanskrit and other Indian Languages for teachers in rural India

Around  
**2600**  
studied Sanskrit last year  
which include  
participants from  
Sonapat, Indore,  
Lucknow, Bengaluru  
& Mumbai



## Indian Culture Courses & Programmes



SAFIC designed a Bachelor of Arts programme of



**Musical offering**  
In collaboration with  
Pondicherry University  
Puducherry

**Scientific Nature of Sanskrit**  
For the students of Sri Aurobindo School  
of Integral Education  
Chandigarh

**33** PAPERS





### Courses on Sanskrit & Indian Culture

SAFIC has tied up with Sanskriti University, Mathura to offer courses on Sanskrit and Indian culture developed by SAFIC in the regular curriculum of the University  
Mathura



In 2018–19, SAFIC led the creation

of **15**   
 e-learning initiatives  
which include

e-learning modules focused on  
Spoken Sanskrit

7

Certificate courses

1



Post Graduate Diploma

Online Portals & Resources

[journal.safic.in](http://journal.safic.in)

[theveda.org.in](http://theveda.org.in)

[mothersglow.in](http://mothersglow.in)

for learners worldwide



### Intensive Sanskrit Workshops

Sanskrit is taught through mantras, shlokas, presentations, songs, storytelling, games and nursery rhymes

Cuttack, Sonepat, Indore, Mumbai, Bengaluru & Lucknow

### Indian Scriptures in the Light of Sri Aurobindo

A course offered at Sri Aurobindo Ashram, Ramgarh

Nainital



### Special lecture by Dr. Kundan Singh

Dr. Singh sharing his insights and perspectives on Sri Aurobindo's Essays titled 'The Renaissance in India'.

Puducherry



# CHILDREN<sub>WITH</sub>SPECIAL NEEDS

Every Child Is Special

**AROHAN** IS A COLLABORATIVE INITIATIVE WITH SATYA SPECIAL SCHOOL (PUDUCHERRY) AND COLLEGE OF EDUCATION, UNIVERSITY OF OREGON (EUGENE, USA), TO BUILD CAPACITIES OF PRIMARY CAREGIVERS, SPECIAL EDUCATORS AND PARENTS ON PROVIDING CARE, THERAPY AND EDUCATION THROUGH EARLY INTERVENTION PROGRAMME. **SATYA** IS ALSO THE ONLY ORGANIZATION OUTSIDE THE UNITED STATES THAT HAS SUCCESSFULLY IMPLEMENTED THE UNIVERSITY OF EUGENE'S EARLY CHILDHOOD EDUCATION PROGRAMME.

<http://www.aurosociety.org/cwsn>



**SATYA SPECIAL SCHOOL**

caters to over **900**  **CHILDREN & ADULTS**  
with various special needs

from as young as **23**  days

to as old as **45** years.   

## Satya School provides

- ◆ Free, inclusive education for the CWSN
- ◆ The help of Psychologists, physiotherapists, speech therapists, occupational therapists, and social workers
- ◆ Community-rehabilitation programme to help the CWSN develop social connections and live as independently as possible
- ◆ Assistance for families of CWSN
- ◆ The Unique Learner Initiative for teachers, staff and administrators of special needs institutions for best practices that exist through the world
- ◆ Multiple centres with facilities including mobile therapy units, therapy rooms and pools, modified play parks, educational devices and sports equipment



### TEACHING AND LEARNING

SAS in collaboration with Satya school is working for a bias- and barrier-free world for CWSNs.



# SUSTAINABLE DEVELOPMENT

Innovation and Evolution



*Sri Aurobindo Society*

**AUROSPACE**

INSTITUTE FOR SUSTAINABLE DEVELOPMENT

For meaningful and long-lasting progress, science and technology have to be synthesized with Sustainability and Spiritual values, in the service of humanity.

**AUROSPACE** WORKS THROUGH A WIDE RANGE OF ACTIVITIES, INCORPORATING SOUND ECOLOGICAL, ENVIRONMENTAL AND ENERGY-EFFICIENT PRINCIPLES. THERE IS A CONSCIOUS EFFORT TO ESTABLISH HARMONY BETWEEN THE DESIGN IDEA, THE MATERIALS, THE ENVIRONMENT, THE PROCESS AND THE PEOPLE INVOLVED, AT ALL LEVELS.

<http://aurosociety.org/sustainable-development>



# SUSTAINABLE AGRICULTURE

Matrikunj, 'The Mother's Grove'—is a 43-acre land on the outskirts of Puducherry, where Sri Aurobindo Society carries out research in conscious, natural and organic farming.



MATRIKUNJ is a research model of a self-sufficient natural farm. The mission is to explore, educate and inspire humanity to use natural agricultural practices.

The farmers are educated at the grassroots level on natural farming practices, herbal medicines and seed preservation.

The main activities at Matrikunj include:

- Intercropping of rice, vegetables and fruits
- Natural pest control
- Organic, natural and conscious farming
- Workshops and internships
- Research in indigenous microorganisms (IMOs)
- Whole plant use practices
- Soil management with natural fertilizers and compost.



## Agro-Ecology Meet

The meet was jointly organised by Sri Aurobindo Society and Local Food System of Pondicherry Food Sovereignty and Agro-Ecology to enhance the environmental, economic and social health of a particular area.

# AGRO HOMEOPATHY

**AHAR II Project**—AHAR (Application of Homeopathy in Agricultural Research) is a unique research where poisonous chemical fertilizers and pesticides are replaced by homeopathy medicines. This is being supported by NABARD and Tata Trust.

The results obtained indicate that homeopathy have an extremely positive effect, boosting the growth and health of the plants, thereby increasing the yield and their quality. AHAR could potentially bring in transformation in the economy, quality and sustainability of farming.

 **60**   
plants per  
plot have

 **7**   
TREATMENTS  
with each having **3**  
replicates to ensure  
confirmed results



## NABARD Officials Visit

The study is supported by NABARD, whose senior officials visited the AHAR site and discussed the research details with the team.



## ORGANIC FARMING - AWARENESS & ENTREPRENEURSHIP

**AuroKrishi** is a joint initiative with Gramonnati Trust – a not-for-profit social enterprise, to support rural transformation. Aurokrishi focuses on enabling rural entrepreneurship in organic farming by providing rural farmers with training, education and technology-support in order to shift to organic, environment-friendly and sustainable practices.



### TRAININGS GIVEN

- 🌿 Organic Farming
- 🌿 Aquaponics
- 🌿 Mushroom Production
- 🌿 Beekeeping
- 🌿 Sustainable Farming
- 🌿 Farming for Schools
- 🌿 Urban Organic Garden



# SUSTAINABLE ARCHITECTURE

SHARANAM is a unique structure for **Training Centre for Sustainable Rural Transformation**, instrumental in nurturing an integrated approach towards village development in India.

SHARANAM is an effort to establish harmony between the design, idea, the materials, the environment, the process and the people, at all levels, in creating one of the greenest campuses of India. It is a training and educational campus with residential complex and extensive facilities, incorporating ecological and energy-efficient principles.



## International Leadership Programme for Youth

WYSE International, a global charity that works with emerging leaders from all over the world at their workshop in Shranam.



# LEADERSHIP & MANAGEMENT

Management by Consciousness



*Sri Aurobindo Society*

**SAFIM**

SRI AUROBINDO FOUNDATION FOR  
INTEGRAL MANAGEMENT

The domain of business is in a continuous quest for improvement in productivity and profits while seamlessly expanding the organization. There is a growing search for new paradigms. Managing the human element is still the most important and also the most challenging.

**SAFIM** WORKS TO DEFINE NEW PARADIGMS OF LEADERSHIP BASED ON VALUES, BEAUTY, COMPASSION, HARMONY AND A DEEP SENSE OF UNIVERSAL INTERCONNECTIVITY. IT STRIVES TO HELP EXECUTIVES AND MANAGERS TO REALIZE THAT OFTEN AN INNER REALIGNMENT HELPS OVERCOME MANY CHALLENGES. A CHANGE IN ATTITUDES, VALUES AND CONSCIOUSNESS CAN ENABLE THE RIGHT DECISIONS AND HELP FIND LASTING SOLUTIONS.

[aurosociety.org/society/index/leadership-and-management](http://aurosociety.org/society/index/leadership-and-management)



## ACTIVITIES

- ◆ Organizing **training and development programmes** where the best of Western leadership and management skills and technology and the deeper values of Indian yogic insights are fused into a new synthesis
- ◆ Designing & conducting customized Management Development Programmes (MDP) for managers and Leadership Development Programmes (LDP) for corporate leaders
- ◆ Facilitating **experiential workshops** through many interactive and interesting tools
- ◆ Organizing **corporate training** and workshops through distance learning and digital media
- ◆ **Conducting research** on Integral Leadership and Management in collaboration with management students, faculty members and corporate executives
- ◆ Managing **retreats** in a natural ambience focusing on introspection, self-awareness, experience of inner silence. Also included in the retreats are creative activities and games

SAFIM was accredited **National Centre for Corporate Governance** by National Foundation for Corporate Governance (NFCG), Ministry of Corporate Affairs, Government of India.

SAFIM conducted **10** management skill workshops with **200** PARTICIPANTS



SAFIM ENGAGED MORE THAN **125** corporate & academia leaders & **80** students



### Future Leaders Programme

For MBA Students of Rajalakshmi School of Business (RSB) encouraging them to envisage a dynamic vision for the future, to harness the potential within them to deliver the vision into a successful reality and to contribute in the larger social orb.  
Chennai



### Managing Stress through Inner Poise

A workshop on stress management for Indian Women Network (IWIN) at Integra Software Services, attended by more than 30 women leaders from the corporate and academia.  
Puducherry



### Corporate Governance through Consciousness

A workshop for senior executives on the importance of Governance and the reasons for its failure in the business world.  
Bengaluru



# HEALTH

Harmony between Body, Life, Mind & Soul



*Sri Aurobindo Society*

**SIIHR**

SRI AUROBINDO INTERNATIONAL INSTITUTE  
FOR INTEGRAL HEALTH AND RESEARCH

Despite quantum leaps made by modern medical science, the realization of perfect health and wellness are still out of humanity's reach. Our focus needs to shift from a narrow illness-centred approach to something deeper and more holistic, where the body, the emotions, the thoughts and the Self are all in harmony.

**SIIHR** IS WORKING WITH THIS APPROACH TO RESEARCH APPLYING NEW WAYS OF ENHANCING HEALTH AND HEALING, AND CURING ILLNESS THROUGH A SYNTHESIS OF MODERN AND TRADITIONAL METHODS.

<http://aurosociety.org/Integral-Health>

## Sri Aurobindo International Institute for Integral Health and Research (SAIIHR) promotes

- ◆ awareness of the importance of **yogic psychology**
- ◆ integration of the systems of health care and medicine
- ◆ a **total concept of health**, based upon the understanding of all the dimensions of the individual—physical, emotional, mental and spiritual—and their interactions within individuals and groups
- ◆ publishes a quarterly journal **NAMAHA**—the Journal of Integral Health, dedicated to the cause of an integral approach to psychology, health and medicine
- ◆ a **homeopathy centre** for treatment facilities, health awareness, research and training in homeopathy
- ◆ Plans to set up a **holistic centre** synthesizing various modern and traditional forms of medical facilities for treatment of chronic illnesses, research and training in integral health and health awareness

## SRI AUROBINDO CENTRE FOR HOMEOPATHY (SACH)



Homeopathy has been widely used for more than 200 years, which involves treatment using highly diluted substances, with the aim of triggering the body's natural system of healing.

SACH runs a homeopathy clinic, which apart from treatments, is also involved in researching and understanding health to create awareness and realize integral health for all.

6870

patients were treated at the SACH Outpatient Department last year



### New Clinic

The new clinic that is housed at Sri Aurobindo Society's head office is easily accessible.

## WORKSHOPS & SEMINARS



### Rising Above the Commerce of Life

Staying centered in all circumstances and finding the right balance for our collective future were the prime objectives of this workshop.



# SACH RESEARCH STUDIES



Yoga and Pranayam Camp



As part of SAIHR's work, some research projects are carried out on a holistic approach to apply new ways of enhancing health and healing through a synthesis of modern and traditional methods.

## Clinical Study on Diabetes Mellitus

Comprehensive study and constant monitoring of the diabetic phenomenon and the treatment with homeopathy under clinical trials with adequate documentation of 22 patients

## Clinical Study on Effects of Chanting on Regulation of High Blood Pressure

Systematic training for recitation of Sanskrit verses in the form of chandas (meters) for control of blood pressure - under the able guidance of Dr. Sampadananda Mishra

## Autism Management through Homoeopathy

A study on treatment of autism with homeopathy expected to bring an overall improvement in physical and emotional health.

Homeopathy as a treatment for autism



'Living Within' Study Camps are jointly organised by NAMA—the Journal of Integral Health and Sri Aurobindo Centre for Advanced Research (SACAR). These camps explore the ways of maintaining an inner poise and mental equilibrium, Integral Yoga, shedding light on many questions, the most central being, 'Why am I here?' and 'What is my part in the Divine play?', unearthing important solutions to our existential issues and how to master ourselves.



*Ayushmann Bharath SACH National Homeopathy Conference*

200 homeopathic practitioners, educationists and researchers from across the country participated in the event

Sri Aurobindo Centre for Homeopathy (SACH) in association with Karnataka Qualified Homoeopathic Doctors' Association (KQHDA) and Research Society of Homoeopathy (RSH) Organised **National Homeopathy Conference, 2018** at the Society House, Puducherry. Homeopathy is practiced in more than 100 countries of the world, and in India its growth is phenomenal.





# MEDIA, ARTS & COMMUNICATION

At the Service of Beauty & Truth



*Sri Aurobindo Society*

## SACAC

SRI AUROBINDO CENTRE FOR  
ARTS AND COMMUNICATION

Media is playing an increasingly important role in all aspects of our lives. It has a great power, outreach and impact in moulding public belief and attitudes. It can help and enhance when this power and medium is used positively by communities for self-improvement and social change.

**SACAC** IS A CREATIVE CENTRE FOR LEARNING IN MEDIA, ARTS AND COMMUNICATION, PROVIDING TO THE YOUTH PROFESSIONAL SKILLS, A SEARCH FOR EXCELLENCE, A HIGHER ASPIRATION AND DEEPER VALUES.

[www.sac.ac.in](http://www.sac.ac.in)



## ADVERTISING & PUBLIC RELATIONS

Graphic Designing Exhibitions  
Advertising for Social Change  
& Book-Making



**ACOUSMATICS AND THE APPRECIATION OF SONIC ARTS**  
exploring a range of sounds that introduce concepts of 'deep listening', 'acousmatic composition' & 'stochastic structures.'



## BEYOND THE PRESENT—a symposium

3

days of exchange of ideas from **CHANGE MAKERS** across all art forms from fields of **Photography, Music, Films & Advertising**



'Art for self-expression?' 'Art for social purpose?' Or even beyond!

Multitude conversations, discussions and screenings to explore the possibilities and also the existing realities of the arts.



### PHOTOGRAPHY SESSIONS



THE STUDENTS HAVE A DISTINCT STYLE OF THEIR OWN, WHICH COMES ACROSS IN THEIR PROJECTS.

RAVI AGARWAL ARTIST & PHOTOGRAPHER

- ◆ Full-time courses in **arts and communication** in fields of Professional Photography, Advertising & Public Relations, Audio Engineering & Music Production and Creative Documentary Film Making
- ◆ **Workshops** on self-development, photography, filmmaking and other arenas of liberal arts
- ◆ **Short-term courses** in the fields of Photography Foundation, Graphic Design, Music Production, Creative Writing, Painting and Sketching, Music and Business Management
- ◆ A number of **cultural and art activities** such as film festivals, symposiums and exhibitions



### MUSIC TRAINING SESSIONS on



**Music Creation Process**  
**Acousmatics &**  
**Appreciation of Sonic Arts**  
**Motion Picture Music**



# YOUTH

Architects of a Better Tomorrow



*Sri Aurobindo Society*

**AUROYOUTH**

INSPIRING YOUTH, TRANSFORMING THE WORLD

The future of the nation and the world depends on the youth. It is their privilege to prepare themselves and to work with dynamism and sincerity for a happier world for all.

**AUROYOUTH** IS A LAUNCHING PLATFORM TO ENABLE THE YOUTH TO PREPARE FOR THE NEW DAWNS OF FUTURE—AN ADVENTURE INTO THE REALMS OF CONSCIOUSNESS. IT ENCOURAGES YOUTH TO LOOK DEEP WITHIN, REALIZE THEIR POTENTIAL, EXPLORE TOPICS OF THEIR INTEREST AND TO BECOME AGENTS OF CHANGE IN THEIR COMMUNITIES AND BUILDERS OF A BETTER TOMORROW.

<http://aurosociety.org/AuroYouth>

# OUR WORK

## Awareness & Self-development

- ◆ Annual National Youth Camp at Puducherry
- ◆ State-level youth camps
- ◆ One-day youth camps conducted all over India for inner awareness & personal growth

## Internship/Volunteer Programme

- ◆ To invite youth to stay at Puducherry for 4–6 weeks and participate in projects

## Foreign Universities Collaboration

- ◆ Awareness & self-development programmes for students of foreign universities at Puducherry

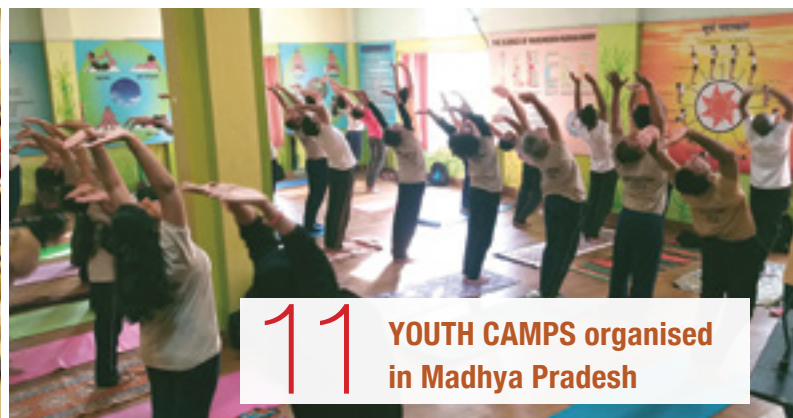
## Reaching Out

- ◆ Creation of AuroYouth councils at SAS branches & centres
- ◆ Bringing India—its culture and deeper values—to the youth of India in collaboration with SAFIC



## ALL INDIA YOUTH CAMP 2018

The Annual All India Youth Camp, themed 'UNDISCOVERED SHORES', was organised at Puducherry from January 4 to 12, 2019. A total of 30 participants, aged between 18 and 28 years, from 12 states of India joined with youthful verve and enthusiasm. It was a camp filled with engaging participation, inquisitive questions and a lot of new discoveries and perspectives about themselves and the world around them.





# WOMEN

## Empowering Women— Empowering Future

WOMEN'S COUNCIL HELPS WOMEN TO PREPARE THEMSELVES, SPIRITUALLY AND MATERIALLY, TO PLAY THEIR TRUE AND IMPORTANT ROLE IN THE WORLD AND TO CONTRIBUTE TO ALL ASPECTS OF COMMUNITY LIFE.

SAS is operating at the individual and collective level by focussing on women leadership.

### Livelihood Programme

SARVAM has started working in Villupuram district of Tamil Nadu on a livelihood diversification programme, especially aimed at helping women become economically and socially emancipated.



## WOMEN'S COUNCIL SEMINAR 2018 ON 'KNOW THYSELF'

The annual seminar of the Women's Council of Sri Aurobindo Society is held every year at the Society House in Puducherry. This year, the theme of the seminar was 'Know Thyself' and it was attended by 45 men and women across the country. Facilitators who are experts in various walks of life, shared experiences and thoughts on the theme. It was an interesting exchange of ideas that inspired all to undertake the journey of self-knowledge.





# PRISON REFORMATION

PUTHIYA NAMBIKKAI, NEW HOPE IS AN INITIATIVE BY SAS WHICH AIMS AT REHABILITATING INMATES OF THE CENTRAL PRISON AT PUDUCHERRY, AND ALSO TO IMPROVE THE CONDITIONS OF THEIR FAMILY.

## Skill Training

Mat-making, horticulture training and farming, vermicomposting training, mushroom cultivation and paper-bag making are taught as skills.



## Yoga and Pranayam Camp

Prisoners are given trauma-informed care and taught yoga to support their transformation and rehabilitation.

## Health Checkups

Mental disorders and infectious diseases are more common in prisoners. Health camps and psychological counselling are conducted regularly for the inmates.

WASTED CIRCUMFERENCE RATIO RANGES FOR MEN AND WOMEN			
Low	Moderate	High	Very High
<0.83	0.83-0.91	0.91-0.94	>0.94
<0.84	0.84-0.91	0.91-0.91	>0.91
<0.85	0.85-0.91	0.91-0.91	>0.91
<0.90	0.90-0.96	0.96-1.02	>1.02
<0.91	0.91-0.96	0.96-1.02	>1.02
<0.71	0.71-0.77	0.77-0.81	>0.81
<0.72	0.72-0.79	0.79-0.81	>0.81
<0.73	0.73-0.81	0.81-0.86	>0.86
<0.74	0.74-0.81	0.81-0.86	>0.86
<0.76	0.76-0.83	0.83-0.86	>0.86



# GLOBAL CENTRE FOR INTEGRAL YOGA

'AuroAgni – Global Centre for Integral Yoga' is planned to be a centre of excellence for exploring and learning the relevance, applicability and efficacy of Integral Yoga in various aspects of life and the world including education, health, wellness, business and economy, social development, leadership, art and culture. Regular experiential workshops,

retreats, and training programmes will be organised.

AuroAgni will include an international research centre called the Auro Research Academy, with residential facilities, for carrying out research on various themes based on the principles of Integral Yoga and the vision of Sri Aurobindo and the Mother.



Matriniketan, a large and beautiful heritage building in Puducherry with a wonderful view of the sea—having a unique architecture harmoniously fusing in elements of French and Tamil styles, is being developed as the campus in collaboration with INTACH, Puducherry.

**INTACH Proposed Restoration**  
Matriniketan, the erstwhile Krishna Vilas, is a heritage building, a magnificent structure built in traditional Pondicherry deco art style.





# BOOKS & AUDIOVISUALS

A Truth to Know, a Work to Do



*Sri Aurobindo Society*

**AUROPUBLICATIONS**

POWERFUL THOUGHTS, INSPIRING VISION

World over, people search for sublime truths underlying existence, for ways of bringing joy, beauty and harmony in our lives. These rich and inspiring insights, learning, experiences and outlook on life have been expressed in various ways and forms, be it music, dance, literature, painting, sculpture, films and the arts.

**AUROPUBLICATIONS** PUBLISHES SPIRITUALLY THEMED BOOKS AND CREATES MULTIMEDIA AND AUDIOVISUAL PRODUCTS CONTAINING DEEP INSIGHT AND VALUES. THERE IS A SPECIAL FOCUS ON THE INTEGRAL YOGA AND THE VISION OF SRI AUROBINDO AND THE MOTHER.

[auropublications.org](http://auropublications.org)

**AUROPUBLICATIONS**, the publishing division of the Sri Aurobindo Society, Puducherry, undertakes literary and audio-visual works of deep insight while striving towards practical applicability - in the form of e-books, multimedia and educational aids. There is a special focus on Integral Yoga and the vision of Sri Aurobindo and the Mother.

## HIGHLIGHTS OF THE YEAR



### Catalogue

The catalogue lists publications in multiple Indian and foreign languages (English, Hindi, Bengali, Telugu, Tamil, Oriya, Sanskrit, German) and also includes journals and e-books, multimedia and audio CDs, educational aids and games and inspirational gifts in its portfolio.

### Reprints and New Editions

- ◆ Into Great Depth of Your Being
- ◆ Shanaih Shanaih
- ◆ Illness – Causes and Cure
- ◆ Sleep and Dreams
- ◆ Ideal Parent, Ideal Teacher
- ◆ Prenatal Education (in English and Telugu)
- ◆ Towards Tomorrow
- ◆ Stotravalli

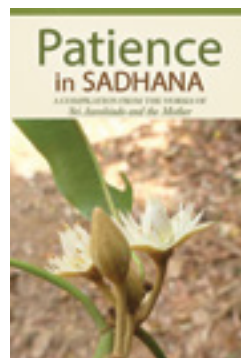
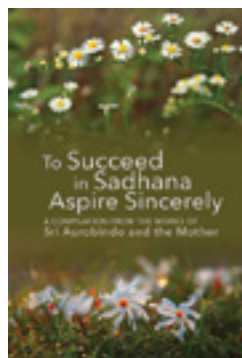
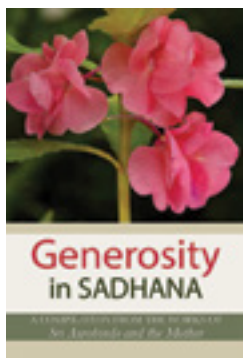
### Multimedia CDs

- ◆ The Wonder That is Sanskrit
  - ◆ Srimad Bhagavad Gita
  - ◆ Chandovallari



# 25

e-book titles compiled from the writings of Sri Aurobindo and the Mother available for free download



### E-books New Releases

- Regain Faith If Faith Falters
- Cure from Illness by Faith
- Courage in Sadhana
- Humility in Sadhana
- Sincerity in Sadhana
- How to Become Absolutely Sincere?
- To Succeed in Sadhana Aspire Sincerely
- Insincerity can be Changed in Sadhana
- Perseverance in Sadhana
- Receptivity in Sadhana
- Faithfulness in Sadhana

### Periodicals

- ◆ All India Magazine (AIM) (in English, Hindi, Kannada, Gujarati, Marathi, Bengali, Telugu, Tamil)
- ◆ NAMAH—The Journal of Integral Health
- ◆ Awakening to the Beauty of the Future
- ◆ Purodha (Bengali)

### Upcoming Books

- ◆ *Indian Sculpture and Iconography* by V. Ganapati Sthapati
- ◆ *Invitation to Sri Aurobindo's Savitri* by M. V. Nadkarni
- ◆ *Savitri – A Brief Introduction* (Hindi edition)
- ◆ *Sri Aurobindo and the Mother – A Brief Introduction* (Hindi edition)



# AURA SHOPPE/JOURNEYS/CAFÉ/EVENTS

aspiration | unity | radiance | abundance



aura

aspiration | unity | radiance | abundance

A UNIT OF *Auroservice* TRUST

The mission is to serve as a connect to Integral Yoga through beauty and with products and services with a deeper approach.

**AURA** IS AN INITIATIVE OF THE AUROSERVICE TRUST, WHICH WORKS IN CLOSE COLLABORATION WITH SAS, ENCOMPASSING A STORE AND SERVICES INCLUDING A CAFÉ, A TRAVEL INFORMATION CENTRE AND AN EVENT VENUE. THE STORE WAS LAUNCHED ON AUGUST 15, 2017.

[aura.auroservice.com](http://aura.auroservice.com)



'AURA' showcases some of the finest merchandise of the best Indian artisans from Auroville, Sri Aurobindo Ashram and Sri Aurobindo Society. Products for sale include spiritual and lifestyle products. Each has a story behind its making.



# JOURNEYS & EVENTS



## Café

Serving organic coffee & tea selection, breakfast, organic bakes, biscuits, light lunch, waffles, home-made ice cream, refreshing drinks and fruit juices.

## Solo Traveller

A 34-year-old solo traveller who covered 21,000 km by road and visited 150 places in India before coming to AURA, Puducherry.



## Historical trail

A historical visit to Arikamedu, a fishing colony and a major trade centre among Indians and Romans.



## Forest Walk

Nature lovers were taken to a Tropical Dry Evergreen Forest (TDEF), which is 8 km away from Puducherry.



### Composting Workshop

Interactive hands-on demonstration on household composting



### Menstruation Awareness

Eco Femme, conducted a menstruation awareness roadshow at the Aura premises.

### Aura Journeys Award

Aura Journeys is a proud recipient of the Excellence Award distributed by French Town 360.

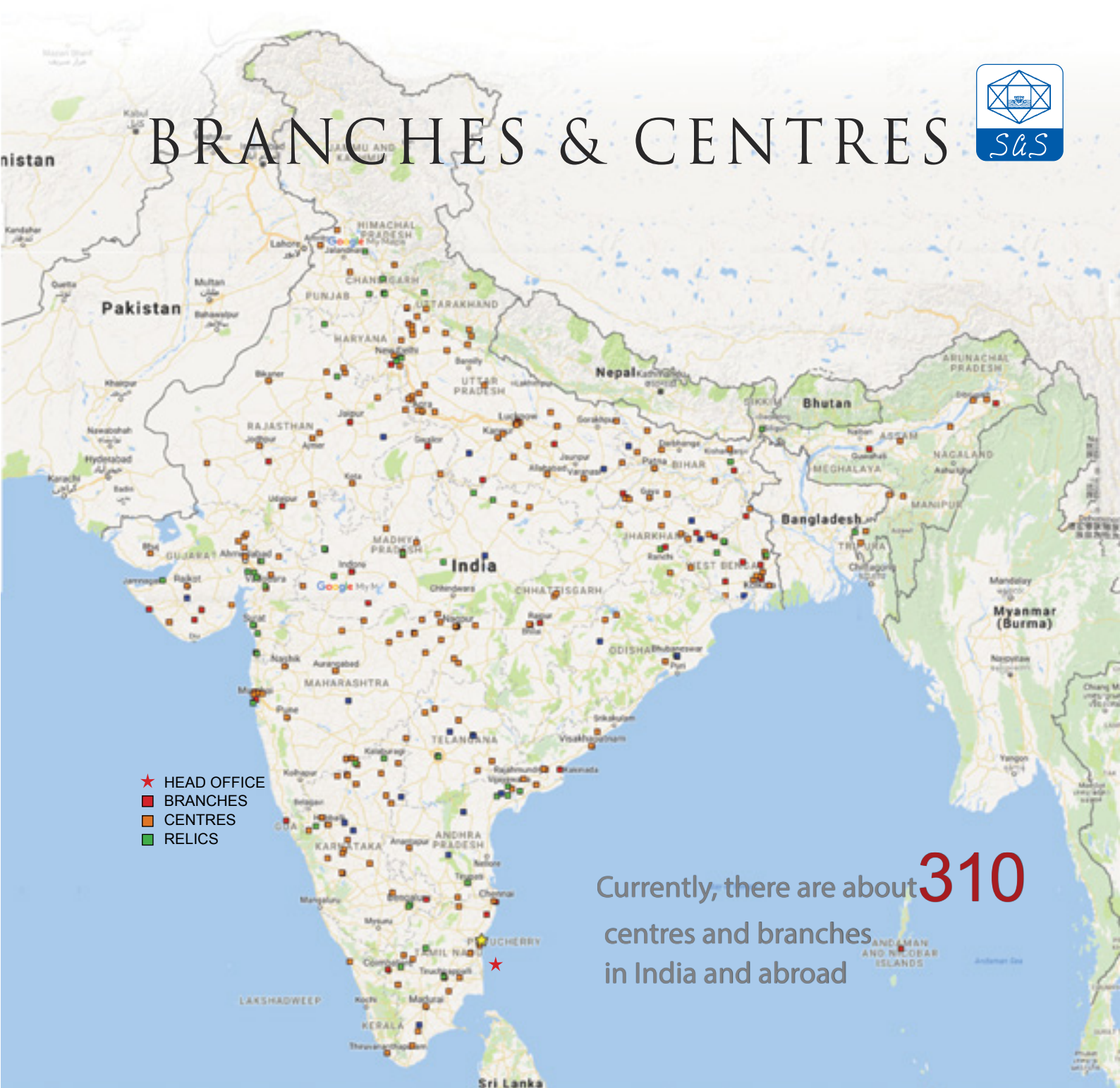


### Artistic Exchanges

Over the past year, several poets, writers and performers have shared their work here.



# BRANCHES & CENTRES



- ★ HEAD OFFICE
- BRANCHES
- CENTRES
- RELICS

Currently, there are about **310**  
centres and branches  
in India and abroad

A true and lasting change has to be both individual and collective, inner and outer, spiritual and material.

SAS HAS MEMBERS, CENTRES AND BRANCHES IN INDIA AND ABROAD. THESE ARE MEANT TO BE CENTRES OF SADHANA, OF SPIRITUAL SEEKING AND SERVICE TO THE DIVINE. THIS WORK CAN EXPRESS ITSELF IN VARIOUS FORMS SUCH AS MEDITATION AND STUDY, SEMINARS, CONFERENCES, EXHIBITIONS AND CULTURAL PROGRAMMES, YOUTH CAMPS, EDUCATIONAL WORKSHOPS, SCHOOLS, HEALTH PROGRAMMES, ART, HANDICRAFTS, FARMS, MANAGING COTTAGE INDUSTRIES AND OTHER GROUP ACTIVITIES.



### Hindi Zonal Conference

The welcome programme for 300 delegates from the different Hindi zones who actively participated in the conference.

Jaipur

## ACTIVITIES OF BRANCHES & CENTRES

There is no fixed programme laid out for Branches and Centres. They can develop and add new activities according to their inner needs and social requirements.

The Branches and Affiliated Centres of the Society are engaged in a variety of activities including

- ◆ meditations, talks, seminars and conferences
- ◆ setting up of educational institutions and administration
- ◆ teachers' workshops and youth camps
- ◆ dance, drama and music classes
- ◆ research programmes
- ◆ health and medical camps
- ◆ handicraft and cottage industry showrooms
- ◆ publication of books



### Yoga Day

On the occasion of the world yoga day, a programme was organised by the branch on the subject of 'Integral Yoga of Sri Aurobindo' Sultanpur



### SAS New Premise Inauguration

South Calcutta Centre added a new office for its activities and operations, which includes a big room for meditation and a large space for library and activities.

Kolkata



### Nature Trail at Shantivan

Shantivan promotes eco-friendly, educational and spiritual activities where many students participate in nature trails and other such activities.

Mumbai



### Guntur Centre

Chairman of Sri Aurobindo Society addressing the members at the centre.

### Summer Camp

Activity-filled programmes for children conducted during the summer months.

Muzzafarnagar



### Book Fair

The books of Auro Publications were displayed at the book fair.

Jhunjhunu

# SRI AUROBINDO SOCIETY

New Delhi



## Eye Camp

Outreach Eye camps for the rural and semi-urban population.



## Yoga Camp

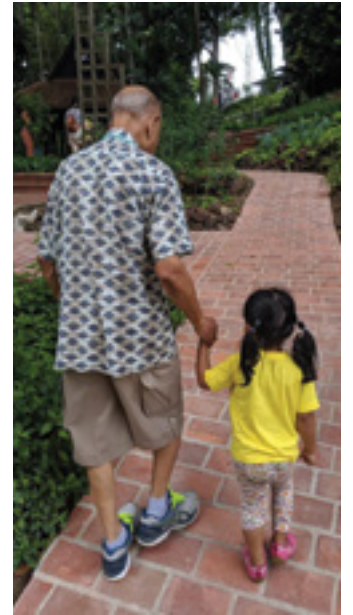
A camp for mind, body and soul.

## Drawing competition

An opportunity for children to become more aware of their creative abilities.



## Singapore



### Celebration of Significant Days and Festivals

All the significant days and Indian festivals are celebrated at the Singapore Centre with fervour and dedication to promote the cultural heritage and unity among the devotees.

## Bangladesh



### Meditation Workshop

Workshops on meditation are conducted regularly for all those who seek personal enhancement.



# AUROSCHOOLS

AUROSCHOOLS are



in various parts of India

In the states of Andhra Pradesh, Gujarat, Jharkhand, Karnataka, Madhya Pradesh, New Delhi, Punjab, Rajasthan & Chandigarh U.T.

At AuroSchools, learning is sensitive, individualized, happy and creative with an emphasis on the fitness, emotional wellbeing, mental development of the students.

The schools offer transformative, holistic education to children. They seek to develop children so that they become integral personalities and agents of positive transformation in the world.

Various programmes on Arts & Craft are conducted to improve learning through the various elements of creativity.





AuroSchools are present in different parts of India. They are:

- ◆ Sri Aurobindo Vidyalaya, Tirupati
- ◆ Sri Aurobindo School of Integral Education, Chandigarh
- ◆ La Vision School, Ompuri
- ◆ Mother's Children Preparatory School, Ranchi
- ◆ Auro Mirra International School (AMIS), Bengaluru
- ◆ Mirambika School For New Age, Bengaluru
- ◆ Sri Aurobindo Vidyamandir, Yalavatti
- ◆ Sri Aurobindo Aspiration Convent School, Khandwa
- ◆ Sri Matri Vidya Mandir, Ratlam
- ◆ AuroSchool Navakriti, New Delhi
- ◆ Auro–Mirra Centre of Education, Patiala
- ◆ Sri Aurobindo International School, Patiala
- ◆ Sri Aurobindo Centre of New Education, Jodhpur



# PARTNER ORGANIZATIONS & INSTITUTES

SAS works in collaboration with many Indian and international organizations, institutions and individuals. The relationships with some of these esteemed organizations span over many years, even decades. Some of the SAS Partners are:



HDFC BANK



BAJAJ AUTO LIMITED



TATA TRUSTS



TATA SONS



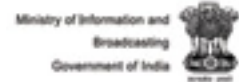
TCS FOUNDATION



L&T FINANCIAL SERVICES



MINISTRY OF HUMAN RESOURCE DEVELOPMENT



MINISTRY OF INFORMATION & BROADCASTING



CENTRE FOR INNOVATIONS IN PUBLIC SYSTEMS



NATIONAL SKILL DEVELOPMENT CORPORATION (NSDC)



INDIAN INSTITUTE OF TECHNOLOGY MADRAS



BUREAU OF EDUCATIONAL AND CULTURAL AFFAIRS- UNITED STATES DEPARTMENT OF STATE



NATIONAL INSTITUTE OF RURAL DEVELOPMENT AND PANCHAYATI RAJ



NATIONAL BANK FOR AGRICULTURE & RURAL DEVELOPMENT



CAMBRIDGE UNIVERSITY PRESS



THE INSTITUTE OF COMPANY SECRETARIES OF INDIA



TEJAS NETWORKS



TATA INSTITUTE OF SOCIAL SCIENCES (TISS)



SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA



SRI BALAJI VIDYAPEETH DEEMED UNIVERSITY





National Council of Teachers Education



UNIVERSITY OF OREGON (UO)  
Eugene, Oregon, USA



STATE GOVT. PUDUCHERRY



ARAVIND EYE HOSPITAL



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INDIA PVT LTD



SATYA SPECIAL SCHOOL



JOY OF LEARNING FOUNDATION



GRAMONNATI TRUST



HELPAge INDIA



INSTITUTE OF PALLIATIVE MEDICINE  
(IPM)



JAWAHARLAL INSTITUTE OF  
POSTGRADUATE MEDICAL  
EDUCATION & RESEARCH (JIPMER)



INTACH PONDICHERRY



AURO UNIVERSITY



AUROVILLE EARTH INSTITUTE



PRICE WATERHOUSE COOPERS  
(PWC) INDIA



BUSINESS & COMMUNITY  
FOUNDATION

BUSINESS & COMMUNITY  
FOUNDATION



RASHTRIYA SANSKRIT SANSTHAN  
(RSS)



PEGASUS  
INSTITUTE FOR  
EXCELLENCE



THE GANDHIGRAM RURAL  
INSTITUTE (GRI)—DEEMED UNIV



M/S. SSHAASAI BUSINESS FORMS  
(P)

# VISIONARIES of the NEXT FUTURE

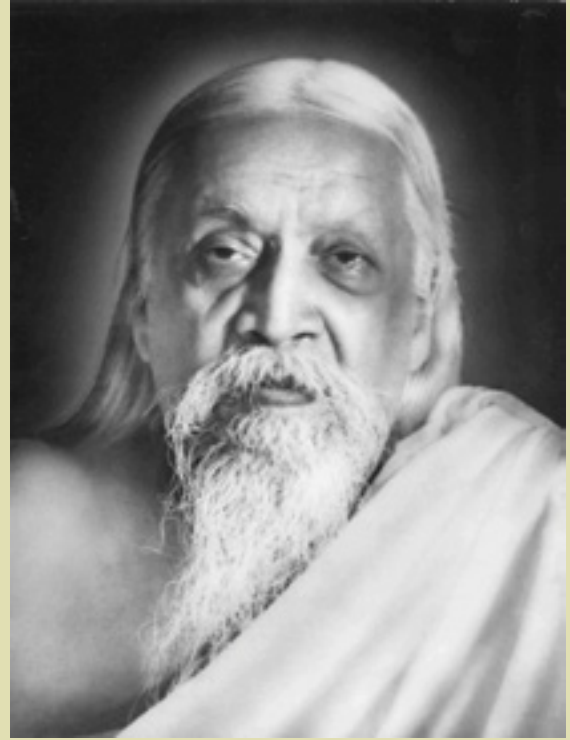


## The Mother

Mirra Alfassa, known as the Mother, came from France and joined Sri Aurobindo in Pondicherry in 1914. Together they laid the foundation and took up the task of building a new world, a new society that strives to express and embody the new consciousness, which Sri Aurobindo called the 'Supramental'.

It is a collective ideal that calls for a collective effort for its realization, in every field of human activity.

The Mother is the Founder President of Sri Aurobindo Society.



## Sri Aurobindo

Poet, revolutionary, philosopher, rishi and yogi, Sri Aurobindo was one of the leaders of the freedom movement, who strove for India's complete independence. He came to Pondicherry in 1910 to pursue the Integral Yoga, which aims at a synthesis of Spirit and Matter, at Human Unity in a rich diversity, and a total transformation of this earthly life into Divine life.

Sri Aurobindo Society is named after Sri Aurobindo and draws its inspiration from his vision.

TRUE SPIRITUALITY IS NOT TO RENOUNCE LIFE,  
BUT TO MAKE LIFE PERFECT WITH A DIVINE PERFECTION.

"I FELT THE UTTERANCE OF THE ANCIENT HINDU RISHIS SPOKE FROM HIM OF THAT EQUANIMITY WHICH GIVES THE HUMAN SOUL ITS FREEDOM OF ENTRANCE INTO THE ALL. I SAID TO HIM, 'YOU HAVE THE WORD AND WE ARE WAITING TO ACCEPT IT FROM YOU. INDIA WILL SPEAK THROUGH YOUR VOICE TO THE WORLD, HEarken TO ME ...

O AUROBINDO, ACCEPT THE SALUTATIONS FROM RABINDRANATH.'

RABINDRANATH TAGORE, NOBEL LAUREATE, INDIA

---

"IN MY UNDERGRADUATE DAYS AUROBINDO GHOSE WAS EASILY THE MOST POPULAR LEADER IN BENGAL, DESPITE HIS VOLUNTARY EXILE AND ABSENCE SINCE 1910. HIS WAS A NAME TO CONJURE WITH ... RARELY HAVE I SEEN PEOPLE SPEAK OF A LEADER WITH SUCH RAPTUROUS ENTHUSIASM. WE FELT CONVINCED THAT SPIRITUAL ENLIGHTENMENT WAS NECESSARY FOR EFFECTIVE NATIONAL SERVICE."

SUBASH CHANDRA BOSE, INDIAN FREEDOM FIGHTER, FOUNDER OF THE INDIAN NATIONAL ARMY (INA)

---

"[SRI] AUROBINDO GHOSE, THE FOREMOST OF INDIAN THINKERS, HAS REALISED THE MOST COMPLETE SYNTHESIS ACHIEVED UP TO THE PRESENT BETWEEN THE GENIUS OF THE WEST AND THE EAST. THE LAST OF THE GREAT RISHIS HOLDS IN HIS OUTSTRETCHED HANDS THE BOW OF CREATION IMPULSE."

ROMAIN ROLLAND, NOBEL LAUREATE, FRANCE

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"SRI AUROBINDO, THE MASTER, THE HIGHEST OF MYSTICS, HAPPILY PRESENTS THE RARE PHENOMENON, AN EXPOSITION CLEAR AS A BEAUTIFUL DIAMOND, WITHOUT THE DANGER OF CONFOUNDING THE LAYMAN. THIS IS POSSIBLE BECAUSE SRI AUROBINDO IS A UNIQUE SYNTHESIS OF A SCHOLAR, THEOLOGIAN AND ONE WHO IS ENLIGHTENED..."

GABRIELA MISTRAL, NOBEL LAUREATE, CHILE

---



*To know is good,  
to live is better,  
to be, that is perfect.*



Sri Aurobindo Society motto given by the Mother



*Sri Aurobindo Society*  
Creating the Next Future

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